



**North Manchester
Care Organisation**
Northern Care Alliance NHS Group

Participating practices

Beacon Medical Centre
The Avenue Medical Centre
Dam Head Medical Centre
Charlestown Medical Centre
Willowbank Surgery
Valentine Medical Centre
The Singh Medical Practice
Fernclough Surgery
Conran Medical Centre
City Health Centre
Victoria Mill Health Centre
Whitley Road Medical Centre
Brookdale Surgery
Newton Heath Health Centre
Droylsden Road Family Practice
St. Georges Medical Centre
Simpson Memorial
Hazeldene Medical Centre
Clayton Health Centre
Cornerstones Health Centre
Five Oaks Family practice
Florence House Medical Practice
Lime Square Medical Centre
New Islington Medical Centre
Urban Village Medical Practice

**PHYSIOTHERAPY DEPARTMENT 'A'
NORTH MANCHESTER GENERAL HOSPITAL
DELAUNAYS ROAD
CRUMPSALL
MANCHESTER
M8 5RB**

TEL: 0161 720 2321

*“I went into my doctor’s at
10:45 in the morning, by 2:35
in the afternoon on the same
day I was being
treated.....Great service”*

We also have links to a number of local exercise and activity schemes which your physiotherapist can refer you to or discuss with you.

These include the BUZZ and BeWell services.

For simple information about a number of musculoskeletal conditions, and links to a range of exercises, why not visit our website

www.pat.nhs.uk/physio

STRAIGHT2PHYSIO

PHYSIOTHERAPY DEPARTMENT A
NORTH MANCHESTER GENERAL
HOSPITAL

PHYSIOTHERAPY SELF-REFERRAL SERVICE

Tel: 0161 720 2321

Do you have joint, muscle or spinal pain?

If you do, you can now access NHS physiotherapy without seeing your GP first, through STRAIGHT2PHYSIO, an innovative new venture between local GP practices and the Physiotherapy Department at NMGH.

If you have a GP from a practice listed overleaf

and

You are 16 years or over,

please contact the physiotherapy department directly on :

**0161 720 2321
(Mon-Fri 8:30-4:00)**

A member of our clerical team will initially take your details. A senior clinician will contact you within **24 working hours** to discuss your problem, give you appropriate advice, and where necessary, book you to come in for a face to face assessment.

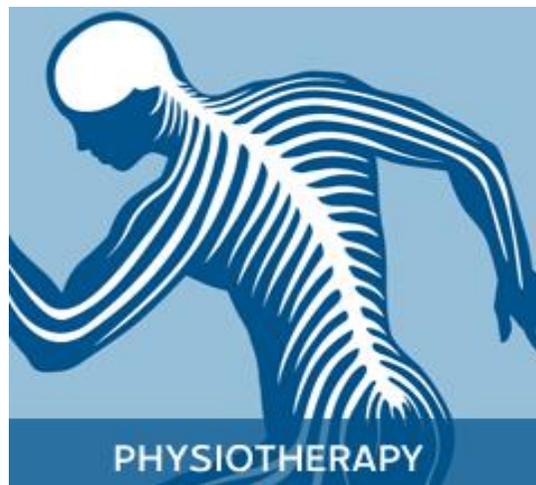
Physiotherapy

Physiotherapists are experts in musculoskeletal problems, and are skilled in the assessment, diagnosis and management of these conditions.

Most musculoskeletal problems are best managed by physiotherapists and it has been shown that early intervention can stop a problem becoming a long term issue.

Physiotherapists are also highly trained in dealing with persistent or recurrent musculoskeletal problems, with the aim being to promote self-management of the condition.

The department has a range of condition specific groups which you can be referred to if appropriate.



Tier 2 MSK Service

If your condition is not improving, or becomes worse, you can be referred to one of the Advanced Physiotherapy Practitioners within the department, who can organise tests such as X-rays, ultrasound scans or MRI scans. They can also administer corticosteroid injections for a number of conditions.

If you require an onward referral to a consultant in the Orthopaedic, Rheumatology or Neurosurgery departments, this can also be arranged by the Tier 2 Practitioner.